

REBRANDING AMERICA

Homework

EPISODE 3

Before holding America accountable, we must first hold ourselves accountable.

In this episode, we began to bridge the gap between our values and our behavior by diving into how each one of us can use our voice in pursuing a better America.

DISCOVER WHAT MATTERS MOST TO YOU by *identifying a problem that keeps you up at night.*

Where do you find yourself consistently angry? What breaks your heart? What patterns do you notice?

What are your top two values? If you have trouble finding the right words to describe what matters most to you, type in “personal values” into a Google search and start scanning.

VALUE 1:

VALUE 2:

Once you have them written down, define them in your own language:

DEFINITION 1:

DEFINITION 2:

Write a vision statement fueled by your values above:

I envision a world where _____ (*person*) _____ can thrive because _____ (*problem*) _____ is no longer an obstacle. I commit to using my talents, influence and resources to making this a reality in my community. My first step in this effort will be _____.

Is there anything in your life that is misaligned with your values? If so, what led to you compromising what matters most?

What behavior is impacting your ability to show up in a way that makes clear what you value most?

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